



THE TELEOSIS INSTITUTE

Health Care Professionals Promoting a Healthy Environment

The Teleosis Institute promotes health care that is *good for people and the environment*. We believe that the presence of environmental health hazards in many aspects of our day-to-day lives pose a significant and increasing challenge to our health—and the health of future generations. Teleosis is actively defining a new model of health care that emphasizes this link between human and environmental health. We call it Green Health Care.

OUR MISSION

The Teleosis Institute is devoted to developing effective, sustainable health care provided by health professionals who serve as environmental stewards. The Institute has three major goals:

- 🌿 **To educate** health professionals about the principles and practices of Ecologically Sustainable Medicine
- 🌿 **To build a community-based network** for health professionals providing Green Health Care
- 🌿 **To provide access** to high quality, cost-effective, sustainable medical services benefiting underserved populations and the environment in which we live

PROGRAMS & SERVICES

The Green Health Care Program

A leadership training program for health professionals to integrate sustainability into all aspects of their practice. The Institute provides educational programs, tools and resources for health professionals to: Green the Workplace, Become Environmental Health Advocates, and Provide Sustainable Medical Care.

The Green Pharmacy Program

A partnership with local pharmacies, health professionals, public and private organizations that are committed to providing proper disposal sites for unwanted medicines and nutritional supplements. Medicine take-back sites provide an environmentally positive alternative for disposing unwanted drugs.

Green Health Care Newsletter

A monthly email newsletter provides readers with current Green Health Care news and information.

Symbiosis Journal

Symbiosis: The Journal of Ecologically Sustainable Medicine, is an online publication which offers thought-provoking and in-depth articles on sustainable medicine and environmental health.

Environmental Health Brochures

The Institute publishes and distributes educational brochures on key environmental health issues, including: *Drugs In Our Water; Antibiotics & Global Health; The Hazards of Mercury; Organic Food & Global Health; Healthy Sun Practices.*

Educational Events & Courses

Teleosis hosts a variety of educational events, lectures and CME courses for health professionals and the public on topics related to Green Health Care and sustainable medicine.

*The word "Teleosis" is derived from the Greek and may be translated as "greater self-realization."
Our commitment to growth and self-realization offers a vision of health for
people, communities, as well as the global environment.*

TELEOSIS INSTITUTE

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